EAP updates arriving in 2027



Your Employee Assistance Program (EAP) includes legal, financial, and work-life resources designed to support you and members of your household.

Effective January 1, 2027, your EAP will be updated to reflect the latest available services and resources. These resources are available 24/7 to help with everyday needs and provide support when challenges arise. Everything is private and confidential.

Legal support needs

- 30-minute no-cost consultation with a local attorney and network mediator.[1,3]
- 25% discount on flat rate attorney and mediator fees for additional services.[2,3]
- 60-minute consultation with a fraud resolution specialist in the event of identity theft.
- ID Breach Scan to assess for identity theft vulnerability.[4]
- 24-Hour access to legal services for emergency criminal matters.
- Attorney-guided digital estate planning, costs apply.[5]
- Online self-service legal forms and resources.

Personalized financial guidance

- 30-minute no-cost sessions with a money coach.[6]
- Online scheduling is now available.
- Digital educational resources, including online budgeting tools and retirement calculators.

Work-life resouces

- Online database to locate child care, older adult services, pet resources and more.
- Self-assessment tools with resources tailored to you.
- Savings Center will no longer be accessible starting January 1, 2027.
- Access a work-life specialist for enhanced support locating resources that match your needs. These may include areas such as childcare, older adult care, transportation, housing/shelter, or disaster relief.

Get the help you need, 24/7

- Visit **anthemeap.com/cnb**
- Call your EAP at **800-999-7222** for help with questions.

Anthem

1 Per separate legal matter, per year.
2 Discount applies to flat-rate and hourly fees.
3 Legal resources cannot be used for any employment related matters.
4 This will replace ID Monitoring through ID Notify. If enrolled you will receive an email from IDNotify.
5 Costs typically lower than retaining an attorney for estate planning.
6 Two sessions per financial topic, per year

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